

**NARCONON<sup>®</sup>**  
at Canyon Oaks Ranch  
Drug Rehabilitation & Education Services  
**NEWSLETTER**

## THERE ARE SOLUTIONS FOR THE DRUG CRISIS

According to the most recently available statistics, in one year there were 46,600 admissions for drug treatment in Los Angeles County. 42,000 of these had had prior emergency room admissions. Based on the user's principal drug of choice, the following percentage reported that they had failed from one to six times in earlier attempts to get drug-free: Methamphetamine 52%, Cocaine 60%, Heroin 79%.<sup>1</sup>

An unavoidable conclusion is that tens of thousands of addicts yearly are recycling through LA County's drug treatment system. To improve these statistics, to save huge expense, and, most importantly, to save more lives, our County deserves to have every rehabilitation program model available.

Per national survey the average outcome of drug rehabilitation programs is 20% "improvement"—not drug-free, just improvement (reduced drug use).<sup>2</sup> Hence, the revolving door of

relapse reported above. Not one of our communities can truly escape the consequences of this continuing crisis. Whether inner city, affluent suburb, or rural countryside, no community is immune.

In fact, our Southern California rural areas are even more challenged. This is where methamphetamine production and use is most on the increase. Meth hospital admissions rose 150% from 2000 to 2003, higher than any other drug, paralleled by the rise in distribution of "ice," the extremely addictive smokeable form of meth. In addition, the street purity of meth is increasing. Our County is being targeted for meth sales. The broader LA County region now accounts for 55% of California meth lab busts, 41% being reported as 'super labs' (producing a lot of the drug.)

LA County deserves the right and opportunity to get better results, and our communities need them in order to be safer, more secure, and more peaceful. The Narconon model can produce these with its long-term record of three out of four program graduates



living stably drug-free, ethical and productive lives for years afterwards. To enroll in the Narconon program, a drug user or abuser must want to do the intensive three to four month educational and health program. He or she must have already stopped drugs. He must be willing again to become a "student" and study like he never has before, and that is how we get our success rate of 75%. Certainly, many do want to become drug free. Why else would there be such an overwhelming number of reaches for treatment every year? What Narconon offers them, their families, and our communities is a better result.

<sup>1</sup> Los Angeles, California: Profile of Drug Indicators, January, 2004, Office of National Drug Control Policy, Drug Policy Information Clearinghouse.

<sup>2</sup> "Services Research Outcomes Study (SROS)," SAMHSA Office of Applied Studies, 1997



**EXPERT PERSPECTIVE:** The Narconon program has several features which in my opinion justify the implementation of the program. An important aspect is the systematic application of techniques to improve communication and interpersonal skills in persons dependent on alcohol and/or drugs. The techniques include training in personal values, integrity and in general cover ethical principles. This aspect of the program is implemented using methodology developed by L. Ron Hubbard. This area is, in my opinion, critical in the treatment of persons afflicted with addictive disorders. Although experts often note that addictive disorders should not be viewed from a moralistic perspective, a view which is often misunderstood, there is no question that one of the central problems in addictive behavior is the restructuring of the normative system of patients affected by the disorder.

-- Alfonso Paredes M.D. Professor of Psychiatry UCLA School of Medicine



# NARCONON CANYON OAKS

## THE STORY OF NARCONON

The name ‘Narconon’ (meaning ‘No Drugs’) refers to both a uniquely effective drug rehabilitation method and a worldwide network of more than 120 centers in 40 countries providing drug rehabilitation and drug education programs.

The Narconon program was founded four decades ago by William Benitez, at the time an inmate in Arizona State Prison as a result of his drug problems. Reading works by American author and humanitarian L. Ron Hubbard, Benitez became convinced that he had discovered key new principles that could help recurring drug offenders reclaim their lives. He contacted the author regarding his plan to establish a program and received both encouragement and guidance from Mr. Hubbard.



William Benitez, founder of the Narconon program

Within a year, his original “class” of ten inmates expanded to more than one hundred. The continuing success of the program led to the establishment of additional

Narconon centers outside the prison environment. Obviously, if one can free a person from drugs before he descends down the dwindling spiral to wind up in prison, then the concen-

tration should be on free standing, residential rehabilitation centers. And that has been the concentration of Narconon ever since.

The components of the Narconon program evolved over time, taking a major step forward when Mr. Hubbard developed a program whereby recovering addicts could cleanse their body of drug residues and thus achieve their most desired objective – freedom from the physical craving for drugs. The keynote of the Narconon program has always been and remains ‘education’ – increasing one’s abilities to rise above and resolve life problems, as opposed to concentrating and accommodating oneself to his drug problem as a ‘disability.’

Now Narconon residential centers are situated outside major cities internationally, usually in rural areas, many of them having operated continuously for decades in collaboration and with the cooperation of their nearby communities. Paralleling what community leaders worldwide have said, LA County’s Sheriff Lee Baca has stated: “Los Angeles County requires effective drug rehabilitation services, which the Narconon program provides, and the Saugus rural area outside Santa Clarita is a perfect location for such work to be done.”



Author and humanitarian, L. Ron Hubbard

NARCONON, INC. was founded in 1971 in Los Angeles as an independent non-profit public benefit organization. The organization has been fortunate to have the support of Scientologists and the Church of Scientology in terms of volunteer man hours and fund raising, etc. from the beginning. Narconon, however, has always been corporately and financially a distinct organization.

In these times of failing drug treatment programs, Narconon centers deliver results documented by social research professionals. As recently presented at the Western Attorney Generals’ Conference held on the island of Maui, in a four year controlled case study of a Narconon youth program operated in collaboration with a juvenile court district in Utah, 63.5% of the enrolled youth remained completely crime free during the remainder of their juvenile history (as compared to only 30.1% of the control group.) At this time, one US Narconon center is collaborating in a SAMHSA project to develop a standardized outcome results measure, and as part of this 82% of its Narconon graduates were reported as drug-free. Confident and free from the urge to relapse, Narconon graduates learn and practice how to be in control of their lives and able to achieve their goals without the use of drugs. For millions of individuals personally caught up in the trap of drug addiction or alcoholism, and for the millions of others who are also directly or indirectly affected, Narconon drug rehab centers provide a real and workable route to communities free from drug and alcohol abuse.

### Narconon Student Success Stories

At Narconon, I found that standards of ethics do exist. Not moral platitudes enforced on me by someone else, but basic, commonsense guidelines for honesty and happy living. I apply these basic standards to how I live my life now. It has improved my conditions on a very broad scale. But, especially it has improved my relationship with my parents. I am completely straight and honest with them now, and I feel closer to them than ever before. — Graduate

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## THE NARCONON PROGRAM

The Narconon program is based on an intensive educational model. Students spend 8 hours or more each day in a course room, studying a series of eight life improvement courses that have been developed and perfected over the last four decades in our work with tens of thousands of students worldwide.

Every person who wishes voluntarily to enroll in the Narconon program agrees to a past history screening. Those with a history of violence, sex offenders, and/or a heavy psychiatric history are not eligible. Students who meet the eligibility standards receive a mandatory medical physical and must be approved to do the standard Narconon program.

Before beginning their studies, the student completes a non-acute with-



drawal program. Vitamin and mineral supplements, in combination with special techniques called 'assists,' enable him or her to overcome the last physical and mental discomfort resulting from coming off drugs. This drug-free approach to withdrawal is unique to Narconon and has attracted international attention as an effective and appealing alternative to substituting potentially dangerous (and addictive) 'medical' drugs for 'illicit' drugs.

Following withdrawal, students complete the Narconon New Life

Detoxification Program. Exercise and intensive sweating in a low-heat dry saunas are combined with a precise regimen of fluids, vitamins and minerals to mobilize drug residuals from the body, causing them to be released through sweat and other body channels.

Free of drug cravings, the student is ready for serious study. The Life Improvement courses enable Narconon students to acquire or improve fundamental life skills that enable them to confront and really solve problems in life. The courses focus on restoring morals, values and integrity, enabling the individual to survive personally at a higher level of responsibility, learning also how to enhance the survival of others.

Each stably drug free, ethical, productive graduate of the Narconon program creates a safer community wherever he or she returns.

## NARCONON COMMUNITY INVOLVEMENT

It has always been our philosophy that Narconon staff, students and graduates should be active, contributing members of their community. Narconon staff and students are encouraged to participate in community outreach activities, whenever they are invited in, such as volunteer firefighting, environmental cleanups, work assistance with seniors, drug education, school & student assistance, and much more.



*A Narconon intern participating in "Read Across America."*



*Three Narconon San Diego staff on the Sunshine Summit Volunteer Fire Dept.*



*Narconon Newport Beach staff, interns, and students cleaning Doheny State Beach.*

### Parent Success:

In the end it is up to the individual addict to want to rise up from the hell of their addiction. Our daughter now has the opportunity to be a happy, productive member of society. That chance is directly a result of the love, care and tools provided by the staff of Narconon. We thank Narconon for giving our daughter that chance. — Parent of a graduate



# NARCONON CANYON OAKS

## Narconon Drug Education

The Narconon drug education series is known worldwide as the “Truth about Drugs” lectures. We have found that adults need basic information as much as youth do.

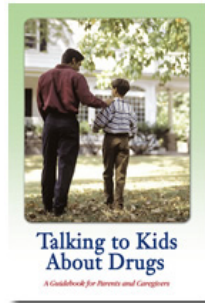
Narconon drug education specialists speak directly and honestly with young people and adults about drugs. Beyond imparting vital data, they encourage youth to interact, to respond, to be part of the process.

In most cases, these lecturers are recovered abusers. This has a dramatic impact on young people—they have repeatedly mentioned in post-lecture surveys how much they appreciate getting the facts about drugs from persons who have recovered from drug abuse.

Important topics covered in Narconon lectures include: What is a drug? Why are they dangerous? Why do people like them? What effects do they have on the mind? On the body? Are there “good” drugs and “bad”



drugs, or not? Why do people continue to do drugs when they know they should stop? How can you feel good or better without alcohol or other drugs?



## Students Responses

I thought that it was really cool because now I know more about drugs and why they are bad. I will never use drugs because of what I learned today.

— Warner Elementary student

I was going to do it (drugs) on Friday, but I changed my mind and I’m never going to do it, actually I never have done it before.

— Birmingham High School student

Call for your FREE copy of the booklet: This booklet, for youth & young adults, has proven very popular. Tens of thousands have been distributed. Free copies are limited. (323) 871-8644

## How to get Narconon Drug Education in YOUR Area

Call Narconon Western United States at (323) 871-8644 to schedule a lecture with a trained drug educator.

Topics include information about: Ecstasy, methamphetamines and marijuana, the gateway drug.

Narconon of Canyon Oaks 36491 Bouquet Canyon Rd., Saugus, CA 91350

